

Our Greatest Fear

**What holds us back in our lives is our fear.
And sometimes when you take a very close look
you find out that your fears
aren't exactly what you thought they were.**

**Our deepest fear is not that we are inadequate.
Our deepest fear is that we are powerful beyond measure.
It is our light not our darkness that most frightens us.**

**We ask ourselves,
who am I to be brilliant, gorgeous,
talented and fabulous?**

**Actually, who are you not to be?
You are a child of God.**

**Your playing small does not serve the world.
There's nothing enlightened about shrinking so that other
people won't feel insecure around you.**

**We were born to make manifest
the glory of
God that is within us.**

**It's not just in some of us; it's in everyone.
And as we let our own light shine,
we unconsciously give other people
permission to do the same.**

**As we are liberated from our own fear,
our presence automatically liberates others.**

**So it's holy work to move past your own fear.
It doesn't just help you.
It helps the world.**

—Marianne Williamson